ST ALBAN'S CATHOLIC PRIMARY SCHOOL
DIOCESE OF EAST ANGLIA
Christ Be Our Light

RED Curriculum – Overview of the Year 2024-25
RSE/PSHE- Life to the Full (Ten Ten)

Created and Loved by God	Created and Loved by Others	Created to Live in the Community

Autumn	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Creation and Covenant	God made our beautiful world and me. God loves me. The sign of the cross.	The Creation story in Genesis 1. The opening of the Nicene Creed. Laudato Si.	God's covenant – the story of Noah. The sacrament of Baptism.	The Creation stories as symbols of the relationship between God and the world. Psalms of praise.	The Abrahamic covenant: The story of Abraham, Sarah and Isaac. Faith made active in love.	The Moses story (the burning bush, the Sinai covenant and the ten commandments). Jesus' summary of the Law.	The Creation story in Genesis 2 (the second account of Creation) The Nicene Creed Laudato Si
Prophecy and Promise	Mary's baby, Jesus, is born in Bethlehem. The shepherds' visit.	The Annunciation. The Visitation. The Birth of Jesus.	John the Baptist, the prophet. Advent and the birth of Jesus.	Advent. Why Catholics go to Mass on Sunday. How Catholics celebrate Mass.	Prophets of the OT (Elijah, Isaiah) and links with NT (John the Baptist)	The stories of king David. The joyful mysteries of the rosary.	Women in the history of salvation (e.g. Sarah, Miriam, Esther, Mary)

Me, my body, my health	All about me	This is me	Incredible me	Being unique	Learning about myself	My life with God	My religious purpose
Emotional well being	What we like	What do I feel?	Feelings and emotions	Understanding my emotions	Emotional behaviours	Knowing my emotions	Physical, mental and emotional well being
Life Cycles	Growing up	The cycle of life	Birth to death	Maturing	Human stages	The wonder of birth	Growing in the womb

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Spring	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Galilee to Jerusalem	The Wise Men visit. Jesus welcomes and blesses little children.	The Presentation The call of the Disciples. Zacchaeus.	The Epiphany. The temptation in the wilderness. Parables (the lost sheep) and miracles (the cure of the paralytic)	The visit of the Magi. Miracles (e.g. cure of the centurion's servant) Parables (e.g. parable of the sower, the treasure and the pearl)	The historical and cultural contexts of the Gospel stories (e.g. woman with a haemorrhage) What kind of Messiah is Jesus?	The Beatitudes form the Sermon on the Mount. The Transfiguration. The Our Father as the perfect prayer.	The stories of the Gospel of St John (e.g. the wedding at Cana, feeding the 5000, raising of Lazarus). The seven sacraments.
Desert to Garden	Lent is a time to care for others. Jesus dies on the cross and rose again. The great commandment.	The first Holy Week. The last supper. The Crucifixion and Easter Sunday.	Jesus in Jerusalem. The crucifixion and the angel's message. Peter at the tomb.	The miracle of the loaves. The Last supper (institution of the Eucharist) Eucharistic Prayer	The parable of two sons. The parable of the judgement (sheep and goats) The events of the Holy week form Matthew.	Ash Wednesday readings Temptation in the wilderness Paul's letters on the Resurrection The sorrowful mysteries of the rosary.	The Holy week stories from John (Bethany, the washing of feet, Pilate,Mary, the death of Jesus) The stations of the Cross

Personal Relationships	Me and my friends	Friends and family	Healthy relationships	Changes in relationships	Recognising relationships	Relationship repair	The importance of communication in relationship
Keeping Safe	Personal space	Personal safety	Everyday safety	Self-awareness	Recognising unsafe behaviour	Becoming independent	Safety in the modern world

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Summer	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
To the ends of the Earth	Jesus went back to His Father. He sent the Holy Spirit to look after us. The early Christian communities.	The road to Emmaus. The Ascension Pentecost.	The Ascension and the Early Church. Conversion of Saul. Fruits of the Holy Spirit.	Signs and symbols of the Trinity. The mission to the world. Paul's Letter to the Corinthians.	The empty tomb and the appearance of the shore. The Apostles' Creed.	Pentecost and the gifts of the Spirit The sacrament of Confirmation	The Resurrection stories from John (eg Mary Magdala appearance) Stephen the first martyr Who are saints?
Dialogue and encounter	Diverse representations of Christianity to appreciate that it is a global faith.	Our parish community. Aspects of modern Jewish life in Britain.	The parable of the Good Samaritan as a model for life. Respecting the beliefs of people from different communities.	The story of Exodus as a link to Passover. Some Islamic laws, beliefs and life.	The road to Damascus. Paul's letters. Some facts about the five pillars of Islam.	The Bible – inspiration by the Holy Spirit The Tanakh (Hebrew Bible) and the Shema prayer	How can we work together towards common goals? A Dharmic faith pathway

Living in the Wider World	Me, You, Us	Communities we live in	Needs and responsibilities	Diversity	Worldwide identities	Celebrating a diverse community/world	Cultural differences